



Behavior Profile Case Studies

[Stay-at-Home Mom Re-Enters the Work Force](#)

Situation:

A Family Law Attorney associate referred a woman to us who was going through a divorce and ready to re-start her career after nearly ten years of staying home to raise a family. She worried about how to present herself to prospective employers with such a huge gap in her resume. She wanted assistance to see how she could confidently re-enter the workforce after such a long hiatus.

Solution:

To assist her in regaining her confidence, we suggested starting with a Three Squares Coaching Behavior Style Assessment and follow-up coaching session to identify her strengths. She learned how she could use the information to help her create an effective resume that clearly and succinctly describes who she is, what abilities she can bring to her next job, and how to powerfully articulate them during her job interviews.

Result:

In a tough economy and after a ten-year hiatus, this woman assertively conducted her job search. She secured a position in her chosen field within one month of completing her **Three Squares Coaching** Behavior Style Assessment and coaching session.

[Teacher Gets Re-inspired to Follow Her Passion](#)

Situation:

A young woman who graduated from college with a teaching degree had no luck finding a job following graduation. After an extended period of looking without being hired, she gave up and instead found work in a Call Center. She hated her job, but felt hopeless about finding a teaching position after being repeatedly told she was young and inexperienced.

Solution:

She completed a **Three Squares Coaching** Behavior Style Assessment and we conducted a follow-up coaching session to determine how we could help her in her job search effort. The assessment feedback made it clear that teaching was a profession that offered her a pathway to fulfill on her strongest values – learning and making things better for others.

Result:

She left her career coaching session with a newfound sense of purpose. Within a month, she put herself back in the job market and aced her very first interview in over three years. She has now been teaching for over three or four years and is very happy.

CPA Gets a Fresh Start

Situation

A CPA hired us for career coaching. He was struggling to advance his career and found moving ahead challenging since he felt somewhat like a square peg in a round hole. He felt stifled and unfulfilled in his position and he was uncertain about what to do next with his career.

Solution:

We suggested that he complete a **Three Squares Coaching** Behavior Style Profile to see what his strengths were and how he could put them to work to advance his career in the direction he wanted to go. His assessment indicated that he is a visionary leader and problem solver with an entrepreneurial flair who gets fulfillment from being with people and working with them to solve problems rather than sitting behind a desk crunching numbers.

Result

With some coaching, our client eventually left his job and formed his own company. What he learned from the assessment and through coaching also encouraged him to make some much needed changes in his personal life too. Here's what he says about his life now...

"Since I've been out on my own, I oftentimes kick myself and wonder "What took me so long?" I have time to exercise, to spend time with friends, and most important, to appreciate the small things in life.